# **Oncology Stewardship:** Value, Quality, and Safety

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• The authors have no relevant disclosures

- Explain the impact of financial toxicity on the cancer population.
- Discuss the evolution of financial toxicity and how this has developed in the United States.
- Identify the solutions being evaluated to improve access and affordability of drugs.

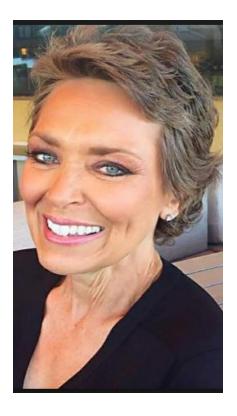
## **The Pillars of Oncology Stewardship**

- Value
  - The use of available resources to maximize returns on investment and produce optimal outcomes
- Quality
  - Safe, consistent, and appropriate care to provide optimal patient outcomes
- Safety
  - Providing a reasonable, appropriate dose to the correct patient at the correct treatment schedule for an appropriate indication, based on a specific treatment setting

Ms. R is a 59-year-old woman diagnosed with Stage II HER2+ breast cancer

 Lost her job during treatment
 Has started to withdraw money from her retirement account to pay for medical care

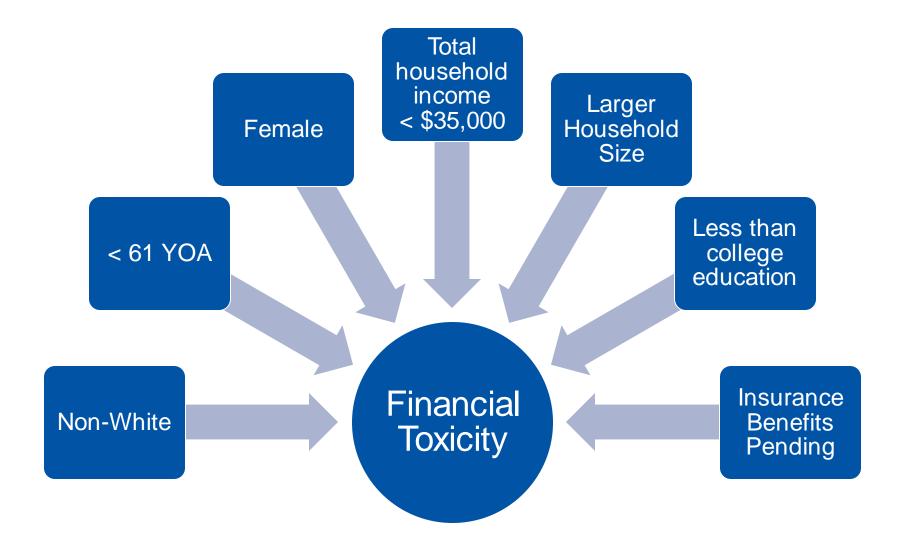
<u>Current treatment:</u> Docetaxel, carboplatin, trastuzumab, pertuzumab, peg-filgrastim OnPro (TCHP)





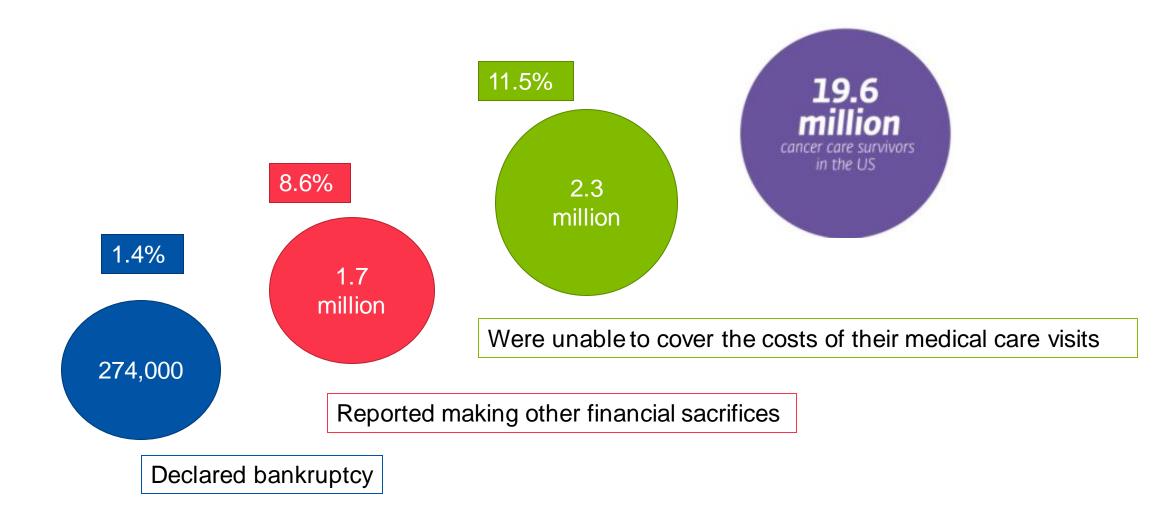
The distress or hardship arising from the financial burden of cancer treatment

### **Patient Risk Factors**



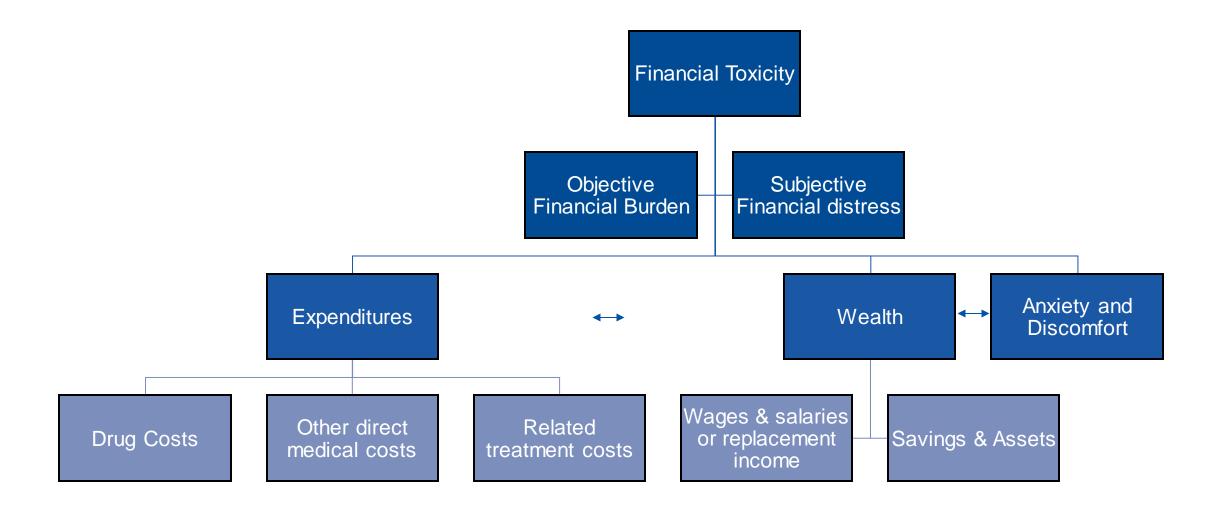
O'Connor J et al. Financial toxicity in cancer care. JCSO 2016;14:101-106.

### **Impact on Cancer Patients**



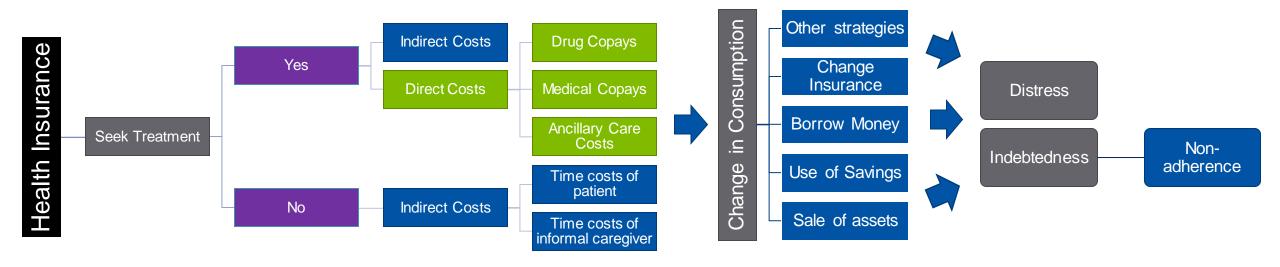
Based on data collected by Hrishikesh Kale and Norman V. Carroll, Ph.D VCU March 2016.

### **Framework of Financial Toxicity in a Cancer Patient**



Carrera PM. Paper presented at: Multi-national Association of Supportive Care in Cancer/International Society of Oral Oncology (MASCC/ISOO) 2017 Annual Meeting; June 22–24, 2017; Washington, DC

### **Economic Consequences of Cancer Treatment**



Carrera PM. Paper presented at: Multinational Association of Supportive Care in Cancer/International Society of Oral Oncology (MASCC/ISOO) 2017 Annual Meeting; June 22–24, 2017; Washington, DC

### **Cost Containment Issues**

TIER		DRUG TYPE	COST
	1	Preferred Generics 🔵	\$
	2	Generics	\$\$
	3	Preferred Brands 🗧	\$\$\$
	4	Non-Preferred	\$\$\$\$
	5	Specialty 🧧	\$\$\$\$\$

Available at: https://medicarehelp.healthpartners.com/blog/prescription-drug-tiers/

### **Impact on Cancer Patients with Medicare**

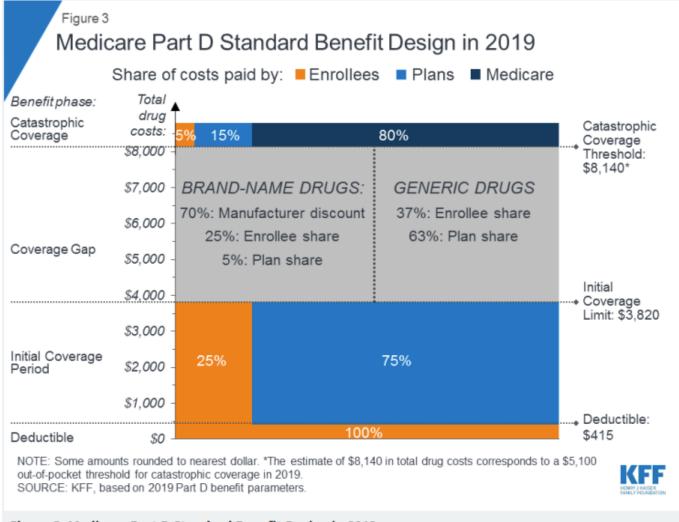


Figure 3: Medicare Part D Standard Benefit Design in 2019

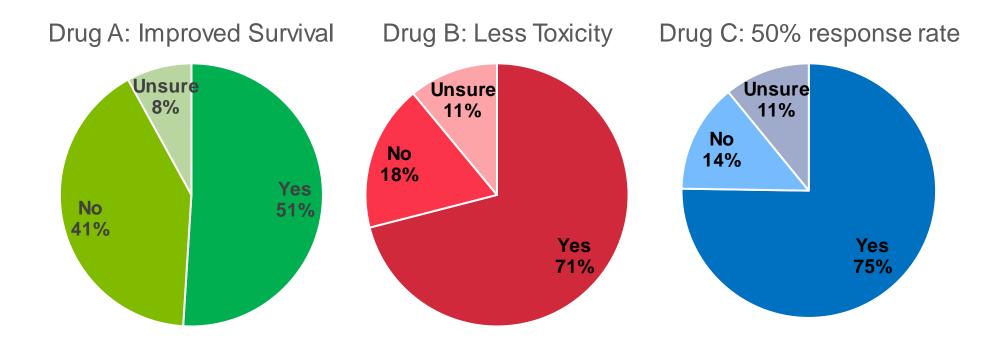
# US FDA-Approved Oral Cancer Drugs in 2016 to 2017 and Costs of Treatment

Generic Name	Brand Name	Cancer Type	Cost Per Month of Treatment
Brigatinib	Alunbrig	Renal cell carcinoma	\$12,868.76
Cabozantinib	Cabometyx	Renal cell carcinoma	\$15,156.59
Enasidenib	ldhifa	Acute myeloid leukemia	\$25,141.67
Midostaurin	Rydapt	Acute myeloid leukemia	\$15,798.72
Neratinib	Nerlynx	Breast cancer	\$10,613.75
Niraparib	Zejula	Ovarian cancer	\$14,430.19
Ribociclib	Kisqali	Breast cancer	\$8,476.31
Rucaparib	Rubraca	Ovarian cancer	\$20,162.74
Venetoclax	Venclexta	Chronic lymphocytic leukemia	\$7,514.41

How much are you willing to pay for an additional 4 – 6 months of life with good quality?

- A. \$0
- B. \$10,000
- C. \$25,000
- D. \$100.000

### Willingness to Pay for an Expensive Anti-Cancer Drug

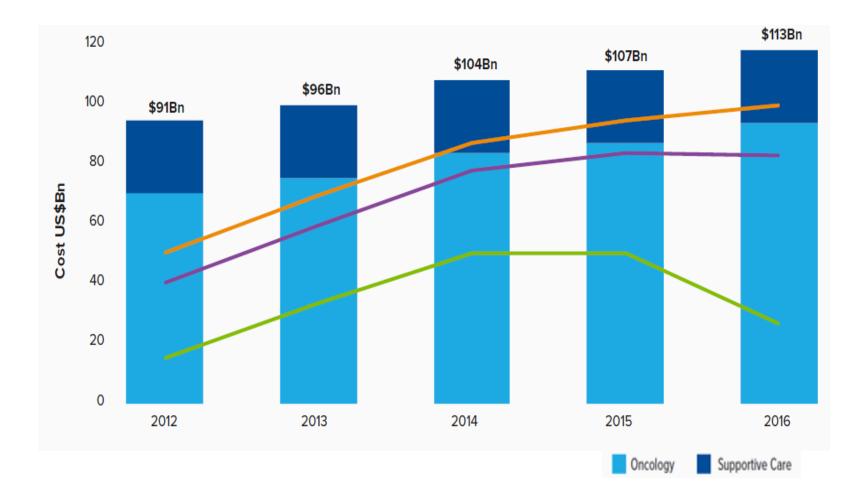


Mileshkin L, Schofeld PE, Jeford M, et al.. J Clin Oncol. 2009;27:5830-5837.

# Medical expenditures for cancer in the year 2020 are projected to reach at least \$158 billion — an increase of 27% over 2010

Mariotto AB, Yabroff KR, Shao Y, Feuer EJ, and Brown ML, JNCI, Vol. 103, No. 2.

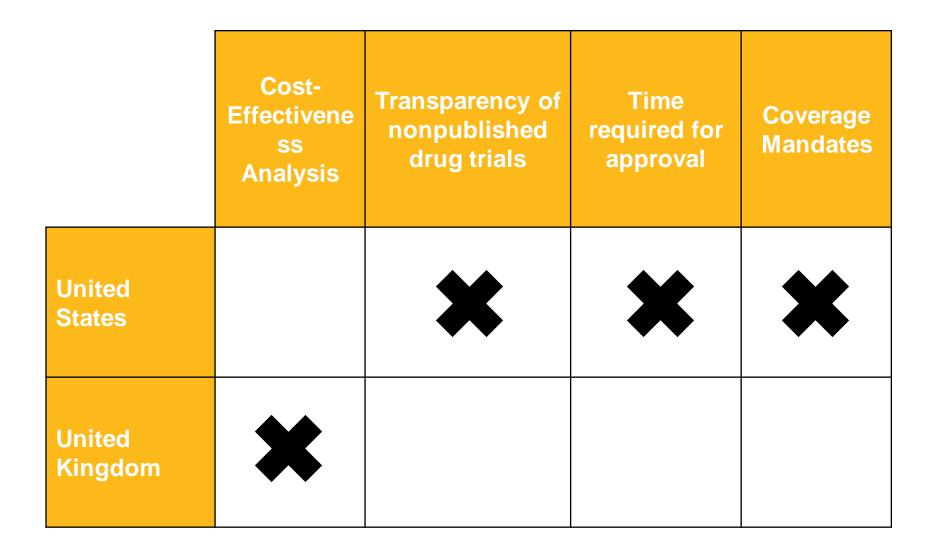
# **Global Oncology and Supportive Care Costs**



Patients spend not only their own personal resources, but also the pooled resources of others

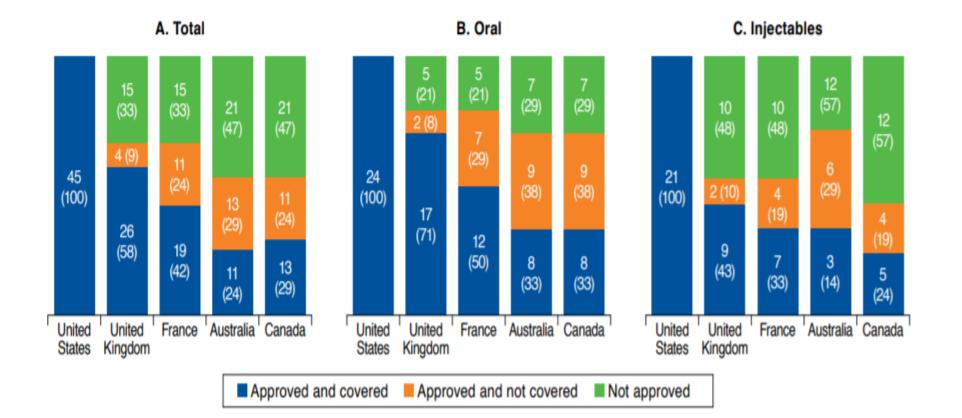
Protects individual consumers from inflated cost Makes it difficult to judge the relative economic value

### **Contrasts in US and UK Drug Approval Process**



Van Norman, G. Jacc: Basic To Translational Science Vol. 1, No. 5, August 2016:399 – 412

### **Approval and Coverage Decision Comparison**

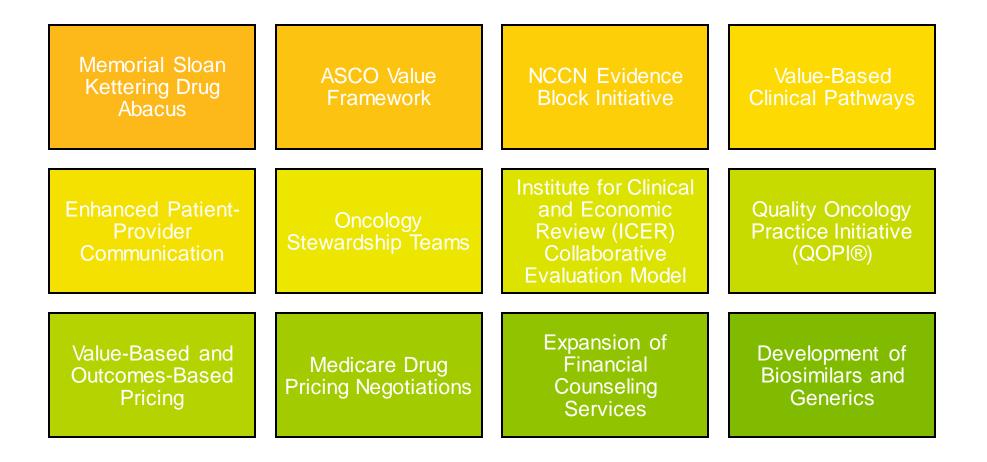


Van Norman, G. Jacc: Basic To Translational Science Vol. 1, No. 5, August 2016:399 – 412

Financial toxicity is an evolving issue in the United States due to which of the following:

- A. The increased medication non-adherence rates
- B. The fear of having cost-of-care discussions
- C. The lack of cost-effectiveness evaluations in the current FDA drug approval process
- D. All of the above

- Focus on value-based solutions that are patientcentered and evidence-driven
- Cost-containment strategies should not limit access to or prescribing of appropriate care
- Cost-containment strategies should incentivize not hamper—innovation



Which of the following tools have you referred to in your practice to enhance the delivery of value-based care?

A. Drug Abacus

- B. NCCN Evidence Blocks
- C. Clinical Pathways
- D. None of the above

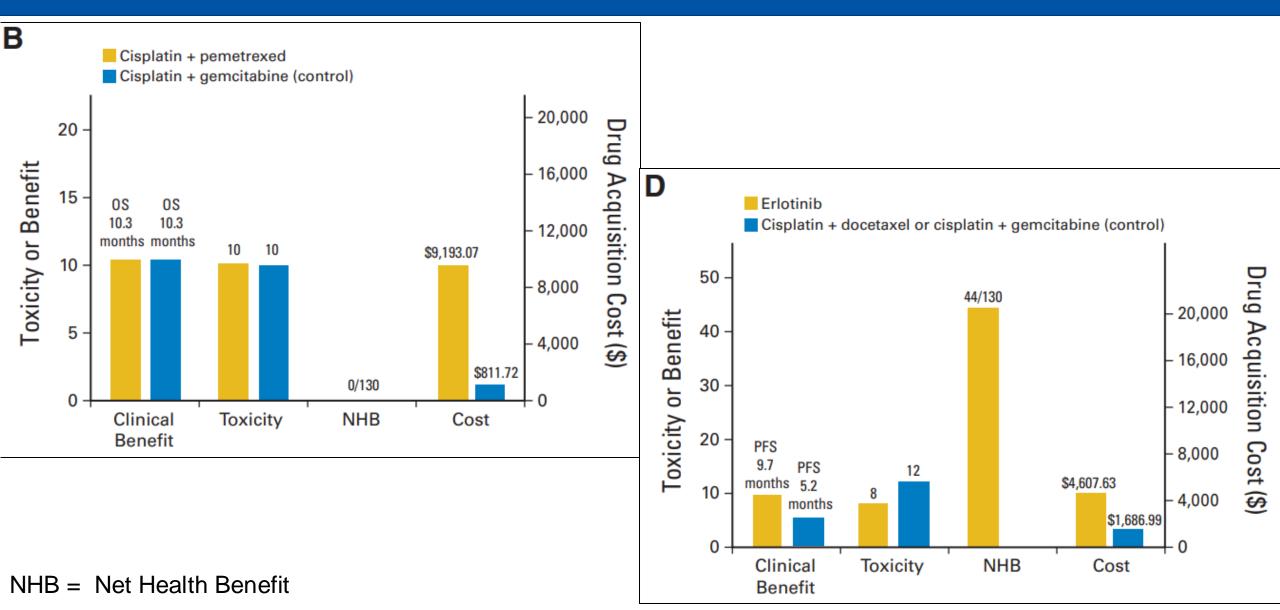
### **Memorial Sloan Kettering Drug Abacus**

- Goal: To allow users to generate a recommended value-based price based, and compare it to the actual list price for a drug
- How goal is accomplished:
  - Accounts for factors such as efficacy, toxicity, novelty, cost of development, rarity of cancer, and overall prognosis of disease state to calculate the "abacus price"
  - The user decides how much each factor matters in determining a drug's value
- Abacus has not been updated so the number of drugs included is limited
- Intended to be a proof-of-principle research tool

### **ASCO Value Framework**

- Goal: Guide physicians on the net health benefit between two regimens, and the associated difference in cost, in order to facilitate shared-decision-making
- How goal is accomplished
  - Users review prospective clinical trials in which two regimens are compared head-to-head
  - Value worksheet takes into account clinical benefit, side effects, and quality of life measures, in the context of cost
    - Separate version for advanced caner treatment and potentially curative

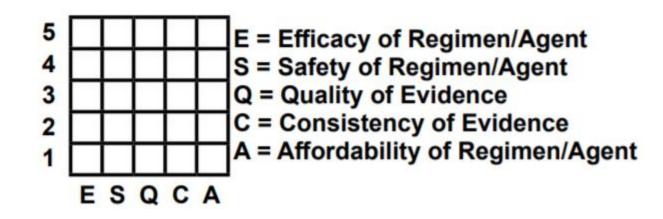
### **ASCO Value Framework: Example**



Schnipper LE, et al. J Clini Oncol. 2015;33(23):1-15.

# **NCCN Evidence Blocks**

- Goal: Provide patients and providers information to make more informed choices when selecting therapies based on supporting data, cost, and other treatment-related measures
- How goal is accomplished
  - Panel members score each measure using a standardized '1-5' scale
  - Experts combine published data with their clinical experience in realworld populations



## **NCCN Evidence Blocks: Example**

#### EVIDENCE BLOCKS FOR PREOPERATIVE/ADJUVANT THERAPY FOR HER2-POSITIVE DISEASE

Preferred regimens	Neoadjuvant	Adjuvant			
AC followed by T/trastuzumab (doxorubicin/cyclophosphamide followed by paclitaxel/trastuzumab)					
Dose-dense AC followed by T/trastuzumab (doxorubicin/cyclophosphamide followed by paclitaxel/trastuzumab)					
AC followed by T/trastuzumab/pertuzumab (doxorubicin/cyclophosphamide followed by paclitaxel plus trastuzumab/pertuzumab)					
Paclitaxel/trastuzumab					
TCH (docetaxel/carboplatin/trastuzumab)					
TCH (docetaxel/carboplatin/trastuzumab)/pertuzumab					
If residual disease after preoperative therapy:					
Ado-trastuzumab emtansine	_				
If no residual disease after preoperative therapy or no preoperative therapy:					
Trastuzumab to complete 1 year of HER2 targeted therapy	—				
Trastuzumab/pertuzumab to complete 1 year of HER2 targeted therapy	-				
Useful in certain circumstances	Neoadjuvant	Adjuvant			
Docetaxel/cyclophosphamide/trastuzumab					
Other recommended regimens	Neoadjuvant	Adjuvant			
AC followed by docetaxel/trastuzumab					
AC followed by docetaxel/trastuzumab/pertuzumab					

Based on the NCCN Evidence Blocks for breast cancer, is Ms. R on a preferred treatment regimen for neoadjuvant HER2+ disease (TCH + Pertuzumab)?

•		Preferred regimens	Neoadjuvant	Adjuvant				
А.	Yes	AC followed by T/trastuzumab (doxorubicin/cyclophosphamide followed by paclitaxel/trastuzumab)						
Β.	No	Dose-dense AC followed by T/trastuzumab (doxorubicin/cyclophosphamide followed by paclitaxel/trastuzumab)						
C.	Not sure	AC followed by T/trastuzumab/pertuzumab (doxorubicin/cyclophosphamide followed by paclitaxel plus trastuzumab/pertuzumab)						
		Paclitaxel/trastuzumab						
		TCH (docetaxel/carboplatin/trastuzumab)						
		TCH (docetaxel/carboplatin/trastuzumab)/pertuzumab						

#### EVIDENCE BLOCKS FOR PREOPERATIVE/ADJUVANT THERAPY FOR HER2-POSITIVE DISEASE

### **Clinical Pathways**

- Goal: Increase quality and decrease costs associated with cancer care
- How goal is accomplished
  - Provides "preferred regimens" for various disease states
  - Designed to support the implementation of guidelines and protocols
  - Provides financial incentives to institutions based on compliance with pathway recommended care

# How are they developed?

**Clinical benefit** 

Toxicity

Strength of national guideline recommendations

Cost

https://aimproviders.com/medoncology-anthem/about-the-program/cancer-treatment-pathways/. Accessed 8/14/2020.

## **Clinical Pathways: Example**

#### Neoadjuvant and Adjuvant Therapy | HER2 Negative

\_\_ddAC → weekly T: dose dense doxorubicin (Adriamycin) and cyclophosphamide followed by weekly paclitaxel

\_\_\_TC: docetaxel (Taxotere) and cyclophosphamide

Neoadjuvant and Adjuvant Therapy | HER2 Positive

\_\_AC →TH: doxorubicin (Adriamycin) and cyclophosphamide followed by paclitaxel and trastuzumab\*

\_\_TCH: docetaxel (Taxotere), carboplatin, and trastuzumab\*

Neoadjuvant Therapy| HER2 Positive| Hormone Receptor (ER/PR) Negative

\_\_TCH+P: docetaxel (Taxotere), carboplatin, trastuzumab, and pertuzumab (Perjeta)

Adjuvant Therapy | HER2 Positive

\_\_\_\_TH: paclitaxel and trastuzumab (Pathway for stage I, HER2 positive breast cancer only)\*

Adjuvant Therapy | HER2 Negative | Hormone Receptor (ER/PR) Negative | Residual Disease following Neoadjuvant Therapy

\_Capecitabine

Adjuvant Therapy | HER2 Positive | Residual Disease following Neoadjuvant Therapy

\_\_Ado-trastuzumab emtansine (Kadcyla)

\* Administration of trastuzumab is limited to 1 year (maximum 18 cycles)

https://aimproviders.com/wp-content/uploads/2020/05/Breast-NEOADJ-ADJ.pdf. Accessed 8/14/2020.

## **Clinical Pathways**

### Pros

- Incentivizes drug companies and providers to reduce cost
- Prior authorizations waived
- Encourages high value therapies
- Helps eliminate usage of "me too" agents

### Cons

- Can limit patient choice
- Impedes access to innovative treatments
- Encourages one-size-fits-all
  oncology care
- Who are making these pathways?

### Mount Sinai Oncology Stewardship Team

- Goal: Promote evidence-based practice and minimize resource overutilization while improving patient outcomes
- How goal is accomplished
  - "Cancer therapy steward" reviewed all requests for non-formulary or off-label chemotherapy/supportive care medications for a year on their inpatient service line
  - 100% of requests were approved...but valuable insights obtained

### Key Components of a Successful Oncology Pharmacy Stewardship

- Interprofessional approach
- Accountability
- Leadership commitment and active involvement
- Informatics-based approach
- Implementation of a practice or process that supports stewardship
- Reporting
- Education
- Tracking

### **Be a Voice of Reason**

- Serve as an advocate for your patients for decreased cancer drug costs
- Critically review the data, including degree of clinical benefit weighed against all forms of toxicity
- Example: Ziv-aflibercept



Howard DH, et al. J Econ Perspect . 2015;29(1):139–62.

Stahl L. 60 Minutes. The cost of cancer drugs. Available at:

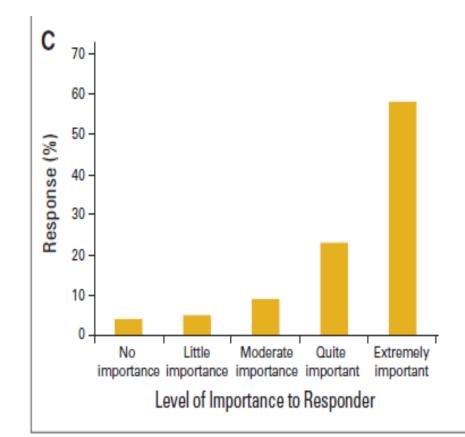
http://www.cbsnews.com/news/the-cost-of-cancer-drugs/. Aired October 5, 2014. Transcript Accessed August 13, 2016.

# **Costs of Cancer Treatment Discussions**

# 80% of patients wanted cost information

80% of patients had no negative feelings about hearing cost information

> 28% of oncologists felt comfortable discussing cost



Importance of understanding what patient will be responsible for paying

Pharmacists can:

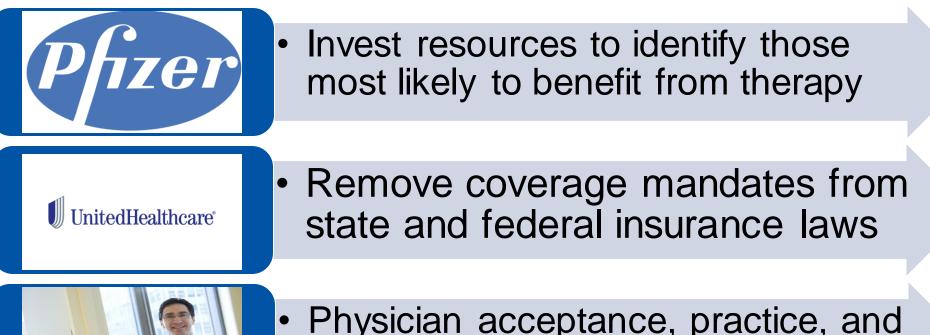
- Incorporate cost discussions into the education session
- Fill the void to ensure all patients receive the needed treatment cost discussion
- Be an advocate for reduced cancer pharmaceutical costs

### **Other Solutions to Achieve High-Value Care**

- Site of Care
  - At-home use of SQ dosage forms?
  - At-home IV infusion services?
- Restructuring the drug development process
  - Incorporate QOL and patient-reported outcomes
  - Requiring "clinical meaningful" outcome measures for approval
  - Grading financial toxicity of new therapies
- Increased transparency of drug costs and reimbursement

- Be judicious in using new and costly products until there is clearly established value
- Ensure that valued product aligns with that patients unique needs, preferences, and goals
- Make sure patients are aware of the cost, benefit, and personal financial impact of their treatment options and choices

How do we manage financial toxicity? *4 expert perspectives* 





 Physician acceptance, practice, and promotion of transparency in price



 Engage in treatment planning to better reflect patient values

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